



AMVETS **Hawaii**

Adaptive Sports & Fitness Program

Annual Report | October 2025 – September 2026

VA Adaptive Sports Grant Program | **FAIN: SPORTS-25-025**



4,326

Veteran attendances
across 195 events



522

unique Veterans
in adaptive sports



1,642.5

adaptive sports
hours delivered



4 of 4

deliverables met
or exceeded

GOALS EXCEEDED



100%

of \$452,600 award
delivered



The Year at a Glance

From October 2025 through September 2026, AMVETS Hawaii built a **year-round adaptive sports program** for Veterans across Oahu — recurring sessions in Ewa Beach plus climbing, paddle sports, hiking, and competition days.

Veterans logged **4,326 attendances**, 522 Veterans took part in adaptive sports, and **every deliverable met or exceeded its goal** — with assistive technology training at 154% of goal and a record 380 check-ins in July.



What We Delivered



Adaptive Fitness & Sports Readiness

2,576 attendances (goal 2,565) · 1,178 hours



Fitness Assessment & Goal Setting

757 assessments · 191 hours of one-on-one coaching



Assistive Technology Training

461 Veterans trained · 154% of the 300 goal



Transportation & Accessibility Support

532 Veterans supported to reach programming



Adaptive athletes



Rock wall climbing



Power walking

“Coming to the adaptive sports program has changed our lives in many different ways.

— Karl & Carolynne · adaptive athletes for 3 years, now Adaptive Coaches at Big Tire Bootcamp



Year in Review, Outcomes & Grant Close-Out

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Quarter-by-Quarter

Q1 · Oct – Dec 2025

Weekly adaptive fitness sessions all quarter

5K Turkey Trot & KOA Veterans Challenge Games (Nov)

Rock climbing, paddle boarding & kayaking (Dec)

New sled pair, bike handles & ski machine

Q2 · Jan – Mar 2026

Monthly adaptive fitness & sports readiness classes

Adaptive hiking (Jan) & rock climbing (Feb)

Four on-site equipment storage containers added

Monthly assessments, assistive tech & transport

Q3 · Apr – Jun 2026

829 check-ins

Session-by-session reporting began Apr 1

First DEKA STRONG: 40 athletes (May 16)

HiClimb & American Samoa outreach

June record: 322 check-ins

Q4 · Jul – Sep 2026 **RECORD**

1,032 check-ins · ▲ 24%

Record July: 380 check-ins

76 sessions incl. 13 Saturday CrossFit days

297 fitness assessments delivered

Grant closed Sept 30, all goals met



Veterans Served by Deliverable

Adaptive Fitness & Sports Readiness

2,576

Fitness Assessment & Goal Setting

757

Transportation & Accessibility

532

Assistive Technology Training

461

Veteran attendances, October 2025 – September 2026 · 4,326 total



Outcomes & Impact

Every goal met or exceeded — 2,576 session attendances (goal 2,565); assistive tech training at 154% of goal.

Participation grew all year — Q4 check-ins up 24% over Q3, with records in June (322) and July (380).

Expanded reach & partnerships — VA outreach with VISN-21, monthly at the Akaka VA Clinic, and adaptive fitness outreach to American Samoa.

Award fully delivered — \$452,600 expended at 4.31% admin; all quarterly and final reports filed.



Big Tire Bootcamp ohana



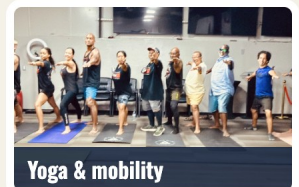
Field hockey



Outreach · American Samoa



Monthly outreach · Akaka VA Clinic



Yoga & mobility



Looking Ahead

With the SPORTS-25-025 grant year complete and every deliverable met, AMVETS Hawaii remains committed to **adaptive fitness and sports readiness**, fitness assessments, and **transportation & accessibility support** for Veterans across Oahu.

"The AMVETS Adaptive Sports & Fitness Program in Ewa Beach, HI enables me to train competitively while meeting me where I am at." — **Garrett Kuwada, U.S. Veteran**

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