



**OCT-DEC
2025**

AMVETS HAWAII ADAPTIVE SPORTS

Q1 NEWSLETTER



LATEST PROGRAM IMPACTS

AMVETS Hawai'i delivered Adaptive Sports & Fitness opportunities across Ewa Beach and Honolulu, engaging 566 Veterans in Q1. Programming focused on weekly adaptive fitness sessions, paddling, indoor rock climbing, assistive technology training, and individualized fitness assessment and goal setting.

Across the entire program we delivered 281 hours of programming for Veterans in Adaptive Sports. Our Transportation & Accessibility Support ensured Veterans with mobility barriers could fully participate. 65 Veterans received Fitness Assessments & Goal Setting support. Additionally, 74 Veterans received Assistive Technology Training.



QUARTER HIGHLIGHTS

- Adaptive Sports & Fitness
- Assistive Technology Training
- Fitness Assessment & Goal Setting
- 1000 Rep Fitness Challenge
- Wounded Warrior Adaptive Fitness
- KOA Veterans Challenge Games
- Annual AMVETS 5K Turkey Trot
- Adaptive Paddle Sports
- Adaptive Indoor Rock Climbing
- Addiction & Recovery Adaptive Fitness
- Active Duty Adaptive Fitness
- Mens & Womens Fitness Fellowship
- Community Outreach

Veteran Spotlight: Buster Kawasaki

"This program got me moving again and gave me people I can count on. I'm stronger and more confident every week."



For more information on the AMVETS Hawaii Adaptive Sports Program, contact bigtirebootcamp@gmail.com or visit www.bigtirebootcamp.com

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