



AMVETS **Hawaii**

Adaptive Sports & Fitness Program



Quarter 3 Newsletter | April – June 2026

VA Adaptive Sports Grant Program | FAIN: SPORTS-25-025



829

total activity
check-ins

▲ 24% vs Q2



151

unique participants
checked in



322

check-ins in June

RECORD MONTH



40

DEKA STRONG athletes
May 16 · Ewa Beach



2

service locations:
Ewa Beach & Honolulu



Quarter 3 at a Glance

During Quarter 3 (April – June 2026), AMVETS Hawaii took adaptive sports programming to a new level across Oahu — sustaining recurring adaptive fitness and sports readiness sessions while adding **competition, climbing, and community** to the calendar.

Veterans logged **829 activity check-ins** — **up 24% over last quarter** — capped by a program-record 322 in June. Forty athletes competed at our first **DEKA STRONG** event, Veterans and families scaled the walls at **HiClimb**, our team delivered **48 fitness assessments** — and we carried the mission across the Pacific to **American Samoa**.



What We Delivered



Adaptive Fitness & Sports Readiness

829 check-ins · recurring sessions all quarter



Fitness Assessment & Goal Setting

48 assessments in June · one-on-one coaching check-points



DEKA STRONG Fitness Competition

40 athletes · hosted by Big Tire Bootcamp · May 16



Adaptive Indoor Climbing — HiClimb

Veterans & family session · Honolulu · May 30



Community Outreach & Access Support

Onizuka Ceremony · monthly Akaka VA Clinic · American Samoa



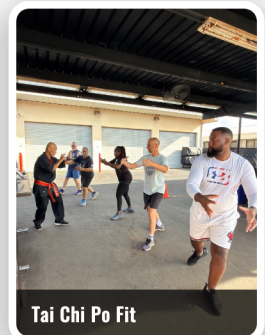
Adaptive strength training — DEKA STRONG · Ewa Beach · May 16, 2026



Ipo · dumbbell bicep curls



Farmer's carry



Tai Chi Po Fit



Coming to the adaptive sports program has changed our lives in many different ways.

— Karl & Carolynne · adaptive athletes for 3 years, now Adaptive Coaches at Big Tire Bootcamp





Program Highlights, Outcomes & What's Next

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Month-by-Month Snapshot

April 2026

275 activity check-ins

- Adaptive Fitness & Sports Readiness sessions running all month (275)
- Adaptive Fitness Outreach to American Samoa — expanding Veteran services across the Pacific (Apr 14)
- Community outreach booth at the Onizuka Remembrance Ceremony (Apr 11)

May 2026

232 activity check-ins

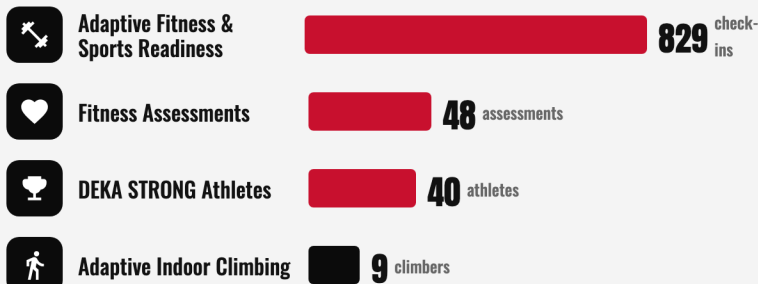
- First-ever **DEKA STRONG** competition — 40 athletes, Ewa Beach (May 16)
- Adaptive Indoor Climbing at HiClimb — Veterans & family (May 30)
- Adaptive Fitness & Sports Readiness (232)

June 2026 **RECORD**

322 activity check-ins

- Highest single-month participation in program history
- 48 fitness assessments delivered
- Adaptive Fitness & Sports Readiness (322)

Q3 Engagement by Activity



Outcomes & Impact

Participation up 24% quarter-over-quarter — 829 check-ins from 151 unique participants, with a program-record June.

Introduced competitive adaptive sport — 40 athletes tested themselves at our first DEKA STRONG event.

Expanded across the Pacific — adaptive fitness outreach to American Samoa, plus monthly engagement at the Akaka VA Clinic.

Built confidence, peer connection, and belonging through inclusive recreation across Ewa Beach & Honolulu.



Adaptive climbing ohana · HiClimb



Monthly outreach · Akaka VA Clinic



Community outreach · Onizuka Ceremony



Adaptive Fitness Outreach · American Samoa

Looking Ahead to Quarter 4

AMVETS Hawaii will keep building on Q3's record participation: recurring adaptive fitness and sports readiness classes, monthly fitness assessments, and **transportation & accessibility support** continue across Oahu — alongside expanded **adaptive climbing and paddling**, a return of **DEKA STRONG** competition, and deeper partnerships with Veteran-serving organizations statewide.

AMVETS Hawaii remains committed to improving independence, well-being, and quality of life for Veterans with disabilities across Hawaii.

GET INVOLVED: (808) 808-6337 · bigtirebootcamp@gmail.com · www.bigtirebootcamp.com

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